



Good Morning Members,

I hope to find you well this morning. Yes, I have to talk to you again about COVID. I got an update from the Wisconsin Department of Health Services, BPDD and the Survival Coalition . COVID cases among people with disabilities and older adults in Wisconsin are particularly vulnerable, especially those that live in group settings. There are **77,432 people** that are enrolled in **long-term care programs** and of these people they **make up 1/6 of COVID deaths**. I want people to be aware of this information.

If you are in this type of setting, **I strongly suggest that you wear a mask** as much as possible. If you are going to **any type of group**, like a day program, please make sure to wear a mask and wash your hands. I wear my mask all over because you never know who you are around. I always keep my hands clean and I leave my shoes at the door to not track additional germs into my apartment. I hate to keep talking about this, but anything to help keep someone safe. If you don't have to go out in public try to stay home or do things that don't have a lot of people. If you love yourself, take care of yourself.

What we can do is our part by wearing our mask. Also, being vaccinated. **I can't tell you to do it or not, but what the vaccination** does is help introduced your body to the disease to **help your body fight it off if you**

**do get sick.** Don't forget to get your flu shot as well. I know Walgreens and CVS are offering the flu shot. This will also keep you protected. I realize you **can still get COVID with the vaccine, but** the sickness isn't as bad and **your chances of dying are less likely.**

Thank you for your attention and have a blessed week until I talk to you again. You can call my cell phone @ 414-852-6462 8:00am - 5:00pm, Monday - Thursday. If I am unable to take your call, I will call you back. You can reach the cope hotline @ 1(262)-377-2673.

Sincerely,

Cindy Bentley  
Executive Director  
People First Wisconsin