

June 27th, 2022



Good Morning Members,

I hope to find you well. It has been a long two and half weeks since I wrote to you. I have not been able to keep too much up with COVID news. I know it is still around and I hope you are paying attention to it. I don't think it is too bad, but you never know anymore. I know it is hard to pay attention to everything in the news sometimes, but I will have another update about it next time.

Still stay safe and do what you have been doing. It is good to keep an eye on the news and what is going on. I know the city of Milwaukee is still enforcing wearing a mask and are taking it seriously. If people don't want to wear a mask or are being difficult they may not be able to ride the bus.

If you want reliable information about COVID, go to the following websites:

Centers for Disease

Control: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Wisconsin Department of Health

Services: <https://www.dhs.wisconsin.gov/covid-19/index.htm>

On a good note, there are a lot of events going around Milwaukee. I know Summerfest is starting. I don't plan on going because of the big crowds even though it is still outside. I love

Summerfest because of all the people watching and being by the lake. I will also be out of town this weekend and the following week I am not sure since it is 4th of July.

Milwaukee is having a Big Bang event for fireworks, so it is hard to get to and from home before of all the traffic. If I miss it this year that is okay because there are other things to do as well. It is important to be careful around big crowds especially now with COVID and not knowing what is going to happen.

Make sure your mental health is being taken care of. It is important to take care of yourself and do what you need for you. You can always call me or reach out to a friend. Even though COVID is still around there are a lot of safe things to do. Don't shut yourself in and be scared to do activities or see friends. You need to do what is needed to take care of yourself. If you don't love yourself, you can't love anybody else. So, make sure to take care of yourself and then you can take care of others.

Happy early 4th of July and do something fun like a cookout and see family. I know that is what I will be doing and I am excited to relax with family after traveling and being gone for two weeks. I hope you have a very blessed week! Please reach out to me if you need anything. You can call my cell phone @ 414-852-6462 8:00am - 5:00pm, Monday - Thursday. If I am unable to take your call, I will call you back. You can reach the cope hotline @ 1(262)-377-2673.

Sincerely,

Cindy Bentley  
Executive Director  
People First Wisconsin