

March 6th, 2023



Good Morning Members,

I hope to find you well this morning. March is officially Women's history month! It is to commemorate and encourage the study, observance, and celebration of the vital role of women in American history. Here is a link to learn more: <https://womenshistorymonth.gov/>

If you have signed up for our training day/ board meeting on 3/22 you will get an email from Nancy with more information and an agenda later this week. Registration closed for Disability Advocacy Day on Friday.

I have a reminder for you about changing your clocks forward on March 12th. For daylight savings time we will be losing an hour this coming weekend. Make sure that you change the clocks, but also know that it can affect you. I know it affects me and hopefully I can get some extra sleep before Saturday. It just takes me some time to adjust to the new time, but I'll be alright.

I hope everyone voted in the primary and I hope everyone votes in the election in April! If you didn't vote in the first one you can vote here because it is very important. I can't tell you who to vote for, but I can tell you how important it is to use your right to vote. The next election is on Tuesday, April 4th. Here is helpful information from The Disability Vote Coalition:

Voting in Person?

If you are voting in person, make sure you are prepared to vote!

- Check your polling place as it may have changed: <https://myvote.wi.gov/en-us/Find-My-Polling-Place>
- View your ballot and review candidate information: <https://www.vote411.org/wisconsin>
- Bring your photo ID. Information is on <https://bringit.wi.gov/>

If you have questions, contact the Disability Rights Wisconsin Voter Hotline at: 1-844-347- 8683 or email: info@disabilityvote.org

Don't forget to check out our website for People First Wisconsin for events coming up! We have the meet-up tonight from 4:30pm-5:30pm and Thursday is from 6pm-7pm. There is no movie night this month. If there is anything I missed please look at our website for updates:

<http://www.peoplefirstwisconsin.org/>

Please do something for yourself this week. Enjoy the weather coming up and get out for a walk, but just do something for you. You can call my cell phone @ 414-852-6462 8:30am - 5:00pm, Monday - Thursday. If I am unable to take your call, I will call you back. You can reach the Suicide and Crisis Lifeline at 800-273-TALK (8255) or 988 has been designated as the new three-digit dialing code that will route callers to the National Suicide Prevention Lifeline (now known as the 988 Suicide & Crisis Lifeline), and is now active across the United States. This is the website:

<https://988lifeline.org/>

Here is a quote from Maya Angelou:

“We all should know that diversity makes for a rich tapestry, and we must understand that all the threads of the tapestry are equal in value no matter what their color.” - - Maya Angelou

Sincerely,

Cindy Bentley

Executive Director

People First Wisconsin