

February 7th, 2022



Good Morning Members,

I hope to find you well. I am going to talk to you about COVID. **The current cases** for Wisconsin, as of today, are **1,147** and the **total confirmed deaths** for Wisconsin are **11,334**. We looked it up on the Center for Disease Control and Prevention website. **I wanted to share this because we are still not done with COVID.** I would not put your guards down yet with **wear your mask, wash your hands, and social distance.** It is important to keep yourself safe.

I think it is important to still get out when you can and **you can still see people you normally see, but be safe.** I was at the hospital a few weeks ago and there were several people not wearing their masks. I made sure to ask some of the people and they put their masks back on. I know it's hard for the people to work there to always ask, but it is important. **If you need some masks, I think some libraries and other locations might be handing out some extra masks.**

On a fun note, it is going to be **Valentine's weekend and the Super Bowl.** Plus the Olympics are currently happening and that is a fun thing to watch. I always seem to do something fun for Valentine's Day especially now during COVID. I plan on staying in for the weekend and making food like pizza, pasta, and garlic bread for the super bowl and the Olympics.

For Valentine's Day you could make valentines, make some cookies or cupcakes, or see a close friend or family member. **Valentine's Day isn't just about a relationship or love, but also friendship.** So, make sure to celebrate in a fun and safe

way. It is about caring about each other. **If you have a friend or neighbor that isn't able to get out as much take them a treat or valentine. I think it is always nice to make someone else's day.**

Especially during this time of COVID because it is important for that person to make their day and it important to make sure we think about others not just ourselves. Don't forget to include your pets for Valentine's Day because they love us unconditionally and it is good to share some extra love to them.

In closing, **remember my wise words and be safe.** Please reach out to me if you need anything. I am wishing you all a blessed Monday. You can call my cell phone @ 414-852-6462 8:00am - 5:00pm, Monday - Thursday. If I am unable to take your call, I will call you back. You can reach **the cope hotline @ 1(262)-377-2673.**

Sincerely,

Cindy Bentley
Executive Director
People First Wisconsin