

November 29, 2021



Good Morning Members,

I hope to find you well this morning. I hope you all had a great Thanksgiving! I hope you were able to spend time with family or do something you enjoyed if you weren't able to be with family. I had a beautiful Thanksgiving and had a lot of fun. It is always hard to come back from the holiday, but I am ready for the week. It is nice to relax and get focused. I am ready for the Christmas season now.

In talking about the next holiday, pay close attention to the news. There is a new variant of COVID that I think started in Africa. There will be several places you won't be able to travel to anymore. The US isn't on lockdown or anything yet, but they are getting ready for it as a precaution. Asia and Europe are not letting travelers in and are putting up restrictions for travel. So, if you plan on traveling anywhere I recommend that you check restrictions to make sure you are able to travel safely.

If you plan on traveling for the holidays, I think it is also important to consider getting your flu shot and/or COVID shot and booster. I will be getting my booster shot on Wednesday and I already got my flu shot. I hope everything goes well with that, but I think it will help save my life. I heard that this third strain is going to be worse than the others. I don't know much about this new one, but you can check the health department and the

news. The president will also be talking about the issue today. Please be safe this holiday season.

I am wishing you all a blessed Monday. You can call my cell phone @ 414-852-6462 8:00am - 5:00pm, Monday - Thursday. If I am unable to take your call, I will call you back. You can reach the cope hotline @ 1(262)-377-2673.

Sincerely,

Cindy Bentley

Executive Director

People First Wisconsin