

November 23, 2021



Good Morning Members,

I hope to find you well. Sorry there was no letter last week. It was a very busy week and schedule for me. So, I want to put this out to you now. I decided that I will be doing a letter every other week starting in January. This way I think it will have more information and some weeks I get so busy. I think the letter is still important to all my members to be able to be connected and have another way of communication.

It has been almost two years of COVID and last year there were so many restrictions, like not being able to meet with family. I don't want to tell you what to do, but the CDC suggests that you still wear a mask if you haven't been around these people and you are inside in smaller spaces. If you need to tell others that you are not comfortable with something it is important to use your voice to advocate for yourself. I know it has been a year since a lot of people haven't been able to get together for Thanksgiving or Christmas or Hanukah.

I think family and friends are very important. I am so thankful to be able to spend time with friends and family in person this year since last year we celebrated over zoom. We have to be thankful that we are here to see another Thanksgiving. A lot of people lost their lives from COVID and a lot of families will be missing loved ones this holiday season. So many people

will be grieving from these losses. But, for myself I am thankful that so far I haven't gotten COVID and I am doing what I can to follow the CDC guidelines.

On a good note, if you are not getting together with family, reach out to someone. There are places you can still go to get a Thanksgiving dinner. You can still get out and be with others, but still be safe. There are different businesses or churches that will be serving meals. Reach out and call somebody because holiday's can be very lonely for some, so don't feel like you need to isolate yourself.

Take good care of yourself for the holiday. You can always make yourself your own Thanksgiving dinner, watch the parades. I am thankful for what I have and what I am able to do. I just want to say that I love all of my members to please do something that will make you happy. I will all of you a Happy Thanksgiving. I will be back in touch with you on Monday.

I am wishing you all a blessed Monday. You can call my cell phone @ 414-852-6462 8:00am - 5:00pm, Monday - Thursday. If I am unable to take your call, I will call you back. You can reach the cope hotline @ 1(262)-377-2673.

Sincerely,

Cindy Bentley

Executive Director

People First Wisconsin