



March 13, 2024

Good afternoon members,

I hope to find you well. Yes, the letter is a little late-- but I wanted to talk to you a little bit about how you are feeling after losing our sleep. It takes a little time to get used to the time change. **Saint Patty's Day is coming up!** I hope you have plans and if you don't have plans, that's okay too. I am going to celebrate Saint Patty's Day on Sunday. I have been really busy with People First. There are lots of good things happening! I want to let you know **I'll have been out of Southern Center for 40 years on June 1st. This is an important anniversary.**

I hope you signed up for Disability Advocacy Day. I look forward to seeing you there. I will talk to my legislators about how I would like to see **more changes in the state, like accessible transportation and housing and more jobs for people with disabilities.** If you're having a problem or you are feeling depressed you can call me. You are not alone. **If you are having any mental health crisis there are resources available to you.** You can call **the suicide hotline at 988.** It is an important election year. You can find **helpful information about voting here:** <https://disabilityvote.org>

Spring and Presidential Preference Election: April 2nd 2024

Fall Partisan Primary: August 13, 2024

General Election: November 5, 2024

It is Women's History Month. Here is a quote from the late Judy Heumann, disability rights activist, "Independent living is not doing things by yourself. It is being in control of how things are done."

That's all I have for now! I will be talking to you in a few more weeks about what to do in the Spring.

Love,

Cindy Bentley
Executive Director
People First Wisconsin