

3/8/2021



Good morning members,

I hope to find you well on this nice sunny day. I hope you have been able to get your vaccination or are planning on making an appointment to do so. If you are in long term care you will be able to get your vaccination. If you need help you can go right to the DHS website for more information. I am happy to say that I got my first vaccination on Thursday and will be getting my second one on the 25th of March. There are a few side effects to it, but everyone's body is different. When I get the second dose, I am going to lay low. I feel alright after my first dose, though I do feel a little weird. I am getting through it and am happy to have gotten my first dose.

Please do not let your guards down even if you have been vaccinated. You should still be wearing your mask, washing your hands, and avoiding large gatherings. Please continue to be careful! The numbers are going down and deaths are decreasing, though there was a spike over the weekend. I also heard over at Marquette university that they have quarantined one of the dorms due to a COVID-19 outbreak. I will be talking with them on Wednesday to see if everything is safe on the campus.

St. Patrick's Day is in about a week! I will be putting up decorations, watching St. Paddy's movies, and making shamrock cookies Saturday afternoon with a friend. St. Patrick's Day is on a Wednesday this year, but you can still celebrate over the weekend if your week is busy. If you have not signed up for Disability Advocacy Day yet please do. You can go to the Board for People with Developmental Disabilities (BPDD) website and sign up! If you have any questions you can reach out to me (Cindy) or Kate Rinehart, and we will assist you. You can also reach out to BPDD for more information. We have our People First board meeting this Saturday if you would like to join.

Lisa Pugh will be talking about how you can get on. Our board meeting starts at 9:00am and will be going till 12:15 pm. If you don't have anything to do Saturday morning, please consider joining us! For your information, next week's letter will be posted on Wednesday instead of Monday, as I have some personal business to take care of. Thank you for your attention. As I always say, remember that if you don't love yourself first you can't love anybody else. You only get one chance at life, so make it the best!

You can call my cell phone @ 414-852-6462 8:00am - 5:00pm Monday - Thursday. If I am unable to take your call, I will call you back. You can reach the cope hotline @ 1(262)-377-2673.

Sincerely,

Cindy Bentley
Executive Director
People First Wisconsin