

March 22, 2021



Good morning members,

I hope to find you well this morning. I hope you are getting ready for spring and were able to get out and get some fresh air over the weekend. I had a good weekend myself. I got outside a bit, spent some time with my sister on Sunday, and watched some March Madness. I am disappointed that Marquette and Wisconsin are not in it anymore, though I did enjoy watching.

If you have not gotten your COVID vaccination yet, I heard on the news this morning that Milwaukee residents can go right into the North and South Division Highschool in Milwaukee to receive one. I often find local information on regional ADRC Facebook pages. You may need to register and bring proof of identification. I will be getting my second dose on Thursday and am happy to be able to receive it. Even if you have gotten your vaccination, please remain careful and continue to follow the necessary safety precautions. I also heard that if you have anybody in a Long-Term Care facility you are now able to go see them. Make sure to be there for your loved ones and show them that you care.

Restaurants are now opening back up to 50% capacity. If you would like to go out just, please be careful. It is not a bad idea to get out and enjoy some sun. We will be getting snow and rain later this week, so try and enjoy the week before it gets cold. I will be laying low once I get my second vaccination and am hoping that the side effects are not bad. Movie theaters will be opening back up on March 26th. If you want to go to a movie, I think that is okay, just please be careful. I am not ready to go to one just yet, but I am happy to see them opening.

While it is cold this weekend, consider getting ready for Easter. You can set up decorations, reach out to your family, and cook some good food. We are much more above water this Easter than last, and I think families should be able to get together which is a good thing. I will be getting together with my sister, my niece, and my aunt this Easter, which I could not even do last year.

Just to remind you If you signed up for Disability Advocacy Day that it is from 10am -12pm tomorrow. If you have any questions you can reach out to any of our staff at People First, or the BPDD board. You do have to be signed up by now to join. If you have any voting questions you can reach out to Wendy Heinz or you can call the 1800-vote coalition. Also, to remind you If you don't have your absentee ballot you should think about ordering one. Like I always say, remember to love yourself. You can't love anyone else if you don't love yourself. You only get one chance at life, so make it count! Thank you for reading my letter, and I hope you all have a blessed week.

You can call my cell phone @ 414-852-6462 8:00am - 5:00pm Monday through Thursday. If I am unable to take your call, I will call you back. You can reach the Cope Hotline @ 1(262)-377-2673.

Sincerely,

Cindy Bentley

Executive Director

People First Wisconsin