

June 1, 2021



Good morning members,

I hope to find you well. I hope you had a great Holiday weekend. I had a marvelous Holiday myself, and a wonderful 5 days off work. I left the city Thursday afternoon and was in Madison until Sunday night. My friend lives on a lake right outside of Madison where I visited. Watching the sun come up over the lake was very peaceful. The moon was also out and beautiful. Getting out of Milwaukee was a nice change of environment and helped relieve some of the stored-up tension that COVID-19 has caused. If you can get out of your house, I would strongly recommend it. Just be careful. I took the badger bus and was happy to see the driver that I know and have not seen in a while. I was also able to sleep in this weekend which was nice.

As of today, the mask mandate in Milwaukee has been lifted and you are no longer required to wear a mask. Milwaukee was one of the last cities in Wisconsin to lift their mandate. Though we are no longer required to wear a mask, it is still important to wear one in indoor spaces when you are not at home, and in enclosed spaces such as outdoor restaurants, bars, and public transportation. I am not ready to get rid of my mask completely and will be using my best judgement. I am still going to be cautious of where I am going and who I am connecting with. It is nice to see things getting back to normal, and I am excited to enjoy my summer. I am sure some people will have anxiety about getting back to the real world since it has been so long. Please do not hesitate to reach out to me with any struggles you may be going through, and I will do my best to help you through it.

Make sure to get out and enjoy the weather this week, as it is going to be a gorgeous week. We will be getting into the 80s by the end of the week. Take it slow and do what you are comfortable with. Pay attention to what is going on around you. People are still getting covid every day, though the cases are significantly down, and we are not seeing as many people in the hospital. I think today is a day to celebrate, as we have made it so far. I plan on having a glass of

cranberry juice and will be celebrating my kitty's 4th birthday today as well.

Please stay positive and try to do something nice for yourself or for another. Take a nice walk, enjoy the fresh air, and make the best of your day. Keep an eye on your mental health, be patient with people, and do not do anything you are not comfortable with. Let us not forget the people that lost their battle with COVID-19 and be thankful for still being here. I lost a few friends myself, and my beloved Special Olympics volleyball coach. He was a very nice man, and I miss him dearly. Remember that you must love yourself first in order to love anybody else. Thank you for reading my letter, and I hope you all have a blessed week.

You can call my cell phone @ 414-852-6462 8:00am - 5:00pm, Monday - Thursday. If I am unable to take your call, I will call you back. You can reach the cope hotline @ 1(262)-377-2673.

Sincerely,

Cindy Bentley

Executive Director

People First Wisconsin