

03/29/2021



Good morning members,

I hope you had a great weekend. I would like to talk to you about a few things this morning. If you have any youth in your organization, I would like you to email me. We are looking for youth to be in PFW and would like to hear their voices. We could use some younger voices; preferably 13-22 years old. We want to build our chapters and would like to get more youth involved. If you know anyone that might be interested please email me their name, and email address or a way to contact them so that I can reach out. If you have any ideas on schools to reach out to in your area, please let me know. I am open to all suggestions.

I would like to get a youth chapter together by the time of the Self Determination Conference, which will be taking place on October 18th, 19th, and the 20th. With the necessary training, we hope that the youth could run their own chapter at some point. I am really looking forward to getting this started, and am currently reaching out to parents, teachers, and organizations. The more voices we have the better!

I want to let you know that I will be on vacation from April 2nd through April 12th. I will be back to work on the 13th. Please do not hesitate to reach out to me, even when I am on vacation and I will get right back to you when I return. Do not forget to vote on April 6th! If you need any help with voting or if you need to know where your poll is you can call the Voting Coalition line and they will help you. You can also reach out to People First Wisconsin or go on our website for more voting information or for help.

I would like for you to let me know what you have been working on in your community and what is going on. Anything exciting going on? We are a statewide organization, and I would like to keep my focus on everyone. Have you gotten your vaccination? How are you feeling? I would like to hear a few stories on how the vaccination went, if you had any side effects, and how you felt from it. I have had both of mine now, and they went well. I experienced minor aches and

pains from my first dose, though the second dose felt fine, and I am doing good. I do not like needles, but I am glad that I got it.

If you have had breast cancer, they are recommending that you get the vaccination in the opposite arm than the breast you had cancer in. I had breast cancer in 2012 in my left breast and was recommended to get it in my right arm. I wanted to inform you of this because I care and want to make sure that everything goes well for everybody. I do not only want to save my life, but other people's lives as well. Hopefully soon we can all be back to normal. I do not know what normal will look like anymore, but I am looking forward to it!

Even if you have been vaccinated, please continue to wear your mask and be careful out in public. It is okay to see your family if you are keeping your gatherings small. Please continue to wash your hands and take good care of yourself. Be safe, and if you plan on taking a vacation be careful, especially if you are going on a plane. There is a spike in cases all over the state, though we are fortunately not seeing any new deaths.

If you are home on April 1st, tune into the Milwaukee Brewers opening game! I will be doing a little tailgate at my house and will be having brats and burgers. This is something fun you can do without leaving the safety of your home. You can also snack on chips, licorice, and peanuts while you enjoy the game. I would like to wish you all a Happy Easter! Color some easter eggs, eat some peeps and jellybeans and do something nice for yourself. Remember that if you do not love yourself, you cannot love anyone else. You only get one chance at life, so make it count! Thank you for reading my letter and I wish you all a blessed week.

You can call my cell phone @ 414-852-6462 8:00am - 5:00pm Monday through Thursday. If I am unable to take your call, I will call you back. You can reach the Cope Hotline @ 1(262)-377-2673.

Sincerely,

Cindy Bentley

Executive Director

People First Wisconsin