



See Our ~~ds~~Ability

December 22, 2020

Good morning Members,

First of all, I want to wish you a Merry Christmas and a Happy New Year. I know this is a difficult time for some, especially those who cannot be with their families. My recommendation is to **reach out to your loved ones, give them a call, or meet up on zoom to celebrate.** Make sure to do something special for yourself on Christmas Eve, and make the best out of what you have. I myself will be staying home having a Christmas Eve dinner over zoom. I am not sure what I will be doing on Christmas day yet, though I may be getting together with my sister and my aunt at my aunt's house.

Whatever you decide to do, just **please be safe!** Be thankful that we have made it to another Christmas, and soon a new year. We have lost a lot of people this year, and should be thankful for those who remain with us. I sure hope 2021 is easier on us. If you are not sure what you will be doing for food on Christmas day, consider stopping by **the Wisconsin Center for their 31st annual Christmas Family Feast on Friday December 25th, 2020.** They are **located on 400 W Wisconsin Avenue Milwaukee,** and will be providing Christmas dinner **free and open to the public.** They will be doing curbside pick-up this year due to COVID-19. This is first come first serve.

My sister usually volunteers here every year, though unfortunately she will not be this year due to COVID. They do accept donations as well--so if you have anything you would like to give for somebody else, I know that it will be much appreciated. **For more information** you can reach the **Wisconsin Center at (414)-302-4308.**

Moving into 2021, I ask that you remain cautious, and continue to follow the set guidelines. Please do your best to avoid large gatherings, keep your area clean, and take care of yourself. The Mayor of Milwaukee will be on the news this morning talking about Covid and the safety measures we should be taking this holiday, so please stay tuned!

If you're feeling depressed or need someone to talk to please do not hesitate to reach out to me or the Cope line. **The 1800 Suicide Hotline** is also there for you if you are struggling. Please take advantage of this if you have any suicidal thoughts, and remember that you are loved, and that you matter just as much as the rest of us. I thank you for reading my letter, and I wish you all a very merry Christmas.

You can call my cell phone @ 414-852-6462 8:00am - 7:00pm Monday through Thursday. If I am unable to take your call I will call you back. You can reach **the Cope Hotline @ 1(262)-377-2673**.

Sincerely,

Cindy Bentley
Executive Director
People First Wisconsin