



[Registration](#) is now open for The Arc Wisconsin Academy's fall virtual [Self-Advocacy Leadership in Action class](#) that starts in October. You may remember that we are an approved provider of Participant Education services in both Family Care and IRIS. People First Wisconsin is helping to spread the word about the class with self-advocates, care managers/IRIS consultants, providers to share with folks who may be looking for support to meet their goals and outcomes.

The Self-Advocacy Leadership in Action course is perfect for anyone:

- Who would like to speak up for themselves more
 - Who struggles to define and work toward their personal goals
 - Who has a goal to become a leader, mentor, or role model
 - Who needs leadership skill-building to work toward employment or other goals
 - Who would like to build social skills and social connections with other advocates
 - Who may want to continue taking high quality virtual classes this fall
- More information on our course:
<https://arcwi.org/content/uploads/sites/17/2020/08/WI-The-Arc-Academy-Course-Description-booklet-3.pdf>
 - Fall course calendar:
<https://arcwi.org/content/uploads/sites/17/2021/08/2021-2022-full-course-calendar-2-pages.pdf>
 - A flyer to Share with self-advocates:
<https://arcwi.org/content/uploads/sites/17/2021/01/21-009.06-WI-Health-Matters-Course-Flyer.pdf>

Register here: <https://arcwi.org/the-arc-wisconsin-academy/>

Class summary:

Self-Advocacy Leadership in Action

This series will help you learn how to make good choices, stand up for yourself, and be more independent.

- Lesson 1: Understanding Disability History and Learning Self-Advocacy Skills
- Lesson 2: Knowing What You Want For Your Future
- Lesson 3: Learning to Take Safe Risks
- Lesson 4: Accepting Help From Other People
- Lesson 5: Speaking Up For Yourself
- Lesson 6: Being Proud of Who You Are and Teaching Others
- Lesson 7: Knowing Your Policymakers

Tuition: \$240

Tuition payment is due by October 1, 2021

Fall 2020 Course Outcomes:

- 93% of class participants surveyed said that they would, or would possibly, make a change in their life based on something they learned in class.
- When asked to rank 1-100 whether the student believed the course helped them become a stronger self-advocate, the average response was 90.11.

Participant Quotes:

- “I learned how to be more independent, listened, and how to lead...thank you very much for teaching this class monthly.”
- “It’s important to be proud of yourself!”
- “I liked learning how to speak up for myself and having future goals!”
- “As of now, this class opened up my eyes that I need to make my goals concise.”
 - “Leah calls us up after every class bubbling up with what you talked about and how pumped she is. Bill and I think she is taking more initiative and a little more pride in herself. She’s been watching her eating. But it is a little bigger than that...about goals. It makes us feel so good to hear her clarity.” - parent of self-advocate student